



**TRAINERS TRAINING MEETING OF THE E-CONS NETWORK
 Valencia, 26th - 28th March 2009**

Questionnaire to be completed by teachers who would like to present
NEW PROJECT PROPOSALS

Name of the teacher: **Egle Kalinauskiene**

Name of the school: **Marijampole VET Centre**

Country: **Lithuania**

Education level: Infantile Education Primary Education Secondary Education
 Vocational Training Adult Education Others

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Please indicate whether you have experience in the following subjects:
 Energy Saving Responsible Consumption Climate Change Others

Please indicate whether you have experience in organizing and/or participating in projects:
I am participating in Leonardo da Vinci Transfer of Innovations project, under the coordination of British partners "Key Competences in Life Skills (LIFE)", No. UK/08/LLP-LdV/TOI/163_115. In this project I am an expert, trying to implement special programme in vocational programme, to help students acquire life skills together with their professional skills. LIFE SKILLS comprise skills for "energy saving", "dealing with domestic finances", "friendly environment at their work place" etc.

Please indicate your expectations regarding the meeting and the exchange of experiences:
I look forward to meeting my colleagues from schools and other educational institutions all over Europe, hoping to share my and their experience in work with educating young people. I think it is very important to work and implement ideas for sustainable development in Europe, so that young generation is responsible not only for their own environment, but for the future of Europe as well. I would also like to implement an international (Comenius) project for sustainable development topics.

Title of the **PROJECT**:
***Mens Sana in Corpore Sano* (Latin for: Healthy Soul in a Healthy Body)**

Main subject of the project – Please select one of the following subjects:
 Energy Saving Responsible Consumption Climate Change Others

Summary of the project (maximum 5 lines):
The project is aiming to show young people the negative impact of adds. The generation of 21st century has vague ideas bout ever-lasting human values and virtues, such as: grace, charity, noble deeds etc., and they tend to "Over-worship" body. Over worshipping on one hand means that they trust advertisers too much, on the other hand- they want to have ideal bodies, and then there is a problem of bulimia and anorexia. Youngsters in EU countries should share their experience showing how to live a healthy life and love oneself the way he/she is.

Observations/Remarks (maximum 5 lines): **I would like to meet my colleagues who share my opinion about health body, about healthy nutrition. I will want to exchange contacts with teachers all over EU for further collaboration in school and educational work.**